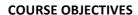# BULLYING AND HARASSMENT IN THE IRSH WORKPLACE

Bullying and Harassment are now quite common in the Irish workplace. Workplace bullying in an increasing problem. An appropriate and managed response is required to this very serious issue. This programme aims to address the issues involved as well as provide information to identify and manage bullying in the workplace.

Duration: 1 day

COURSE OBJECTIVES

On completion of this course participants will be able to :

- Define Bullying and Harassment
- Identify common examples at work
- Understand relevant legislation
- Describe the effects on the individual
- Take action to deal with a situation where bullying and harassment occurs

COURSE CONTENT:

- The types of Bullying and Harassment
- Definitions
- Legislation relevant to the workplace
- The effects of bullying
- Individual/Organisation causes
- The legal context
- Prevention of Bullying and Harassment

HOW WILL YOU LEARN?

This course involves an interactive workshop format and will consist of a mix of:

- Teaching by an expert trainer using a variety of quality learning materials
- Group and individual learning activities
- Group discussion
- Role plays relating to relevant Bullying and Harassment in the workplace