



## REFRESHER EMERGENCY RESPONSE TEAM COURSE

### OVERVIEW

#### Day 1 Programme

- Introduction and Safety Brief
- Theory of Combustion
- Fire Extinguisher Theory
- Fire Extinguisher and Hose Reel – practical exercises
- Air Line Theory and Practical
- Flite Set Theory and Practical

#### Day 2 Programme

- Introduction and Safety Brief
- Working at Height including Harness
- Dealing with Suspension Trauma
- Rescue from Height practical using site equipment.
- Confined Space Rescue – practical with air-line equipment
- De-brief of the two day programme

### DURATION

2 Days

### CERTIFICATION

Full certification is provided on successful completion of the course