



OCCUPATIONAL FIRST AID

OVERVIEW

This 3 day course is intended for personnel who wish to become certified first aiders in their workplace. Topics covered include: responsibilities of a first-aider, patient approach and contacting the emergency services.

DURATION

3 Days

WHO IS THIS COURSE INTENDED FOR?

Personnel who wish to become certified first aiders in their workplace.

OBJECTIVES

On completion of this course participants will be able to:

- Provide necessary first aid within the workplace
- Implement essential life saving skills if required.

SUMMARY CONTENT

Responsibilities of a first- aider	The Nervous System
Patient Approach	Head Injuries
Contacting the emergency services	Unconsciousness
Examination of Casualty	Fainting
Diagnosis and principles of treatment	Recovery Position
Emergency First Aid Kits – contents	Epilepsy
Respiratory emergencies	Diabetes
Asphyxia and its causes	Poisoning
Asthma	Fractures
Choking	Sprains, strains and dislocation
Heart disease	Crush injuries
Aspirin administration	Handling spinal injuries
Cardio-pulmonary resuscitation	Burns and Scalds
Defibrillator / AED	Chemical burns
Wounds and bleeding	Electric shock
Examination of the eye	Blood and the circulation
General rules for treatment	Revision – theoretical (all subjects)
Control of bleeding	Revision – practical (any requested subject)
Dressings and bandages	



ASSESSMENT

Examination – Written Test / Practical Incident Scenarios / CPR - AED Test

Certification

FETAC Level 5